

Clinic Instructor Guidelines

and

Standards for Teaching

- Clinics have a maximum of 4 students. Each student should have equal time on the tiller as well as all the other relevant tasks.
- Instructors should clock in 15 minutes prior to the clinic start to prepare.
- Each clinic starts with a short chalk talk on the white board. If it proves to be more impactful, you can take a smaller white board down to the dock.
- We use the Navy's Demonstration Method to teach. This means you discuss the lesson summary in the chalk talk, then you show the students on the boat, explaining each step and the significance of each step as you go. Finally, you have each student perform the task multiple times.
- Sailing into and out of Waterside Marina is not allowed. If you are practicing sailing on and off the dock, refer to that syllabus for alternatives.
- Finish on time. This includes putting the boat to bed if it will not be used again that day. If this is your last task for the day, you are expected to clock out no later than 15 minutes after the appointed clinic finishing time.
- Never set marks in the channel. If you are practicing man overboard, check the river for traffic BEFORE you throw the fender in the water.
- It is not expected that each student will fully master the material in one clinic session. Some subjects require multiple clinics to master a set of skills.
- Sub-par standards (aggressively hitting the dock, improperly flaking the sail or coiling the mainsheet, not flemishing dock lines) will not be tolerated. These clinics set a standard of excellence that all employees and members should strive for.
- All of these clinics focus on helping crew level members work toward becoming captains.
- Always be safe, patient, and have fun!